OLDS MINOR HOCKEY
ON ICE HELPER and JUNIOR COACH PROGRAM

An initiative created for the development of youth members into leadership roles within our association.

Purpose: To nurture the development of young leaders within OMHA so that they may continue to learn, grow and contribute to our association now and in the future. An On-Ice Helper and Jr. Coach are current Olds Minor Hockey players from U11 to U18 who show an interest in helping on ice with an OMHA team a minimum of two levels below their current division. It is the head coach's discretion to choose an On-Ice Helper or Jr. Coach.

Definitions:
An **On-Ice Helper** is under the age of 16 and recruited to help demonstrate drills, assist with small coaching tasks (drill set-up, take-down, player engagement, etc)
A **Junior Coach** is over the age of 16 and expected to help run drills, assist the coaching staff in practice flow and play a part in the regular routines of a teams practice. A Jr. coach may not assist during games unless the are carded to the team they are helping

Guidelines to Follow:

- An On-Ice Helper or Jr. Coach must be a minimum of 2 age divisions above the division they are requesting to work with
- An On-Ice Helper or Jr. Coach may not participate with a team other than theri own until their request has been approved by OMHA
- Any On-Ice Helper or Jr. Coach 12 and older needs to complete the Shift Forward coach course to be able to help on the ice
- Mentor coaches must have a clear plan on how they will help with the growth and development of a Jr. Coach and discuss their plan with the coach selection committee
- Once approved, all On-Ice Helpers and Jr. Coaches must wear a helmet and neck guard while on the ice

Complete the section below. Scan and email to OMHA for approval, registrar@oldsminorhockey.com, or they can be dropped off into the mailbox outside the OMHA office.

Name of Applicant:_____ Age: _____

Current Age Division: _____ Current Team:_____

Team you would like to be involved with (eg. U9A, U11B, etc) :_____

Head Coach: _____

Below please provide a description of how you would contribute to the team as on On-Ice Helper or Jr. Coach. What commitment level are you able to provide (eg. every practice, once a week, etc.)

Player Signature:_____

Parents Signature: _____

Parents Email:_____

Parents phone number:_____

Mentoring Coach Signature:_____

Mentoring Coach's email: _____

Mentoring Coach's phone number: _____